

"I eat, breathe, and live the information I teach to others nationwide. I decided to dedicate my life to educating the world about ASD and SPD after years of misunderstandings and harsh labels. This is what my passion is- helping others understand so no one else has to endure what I did."



About me:

Kim Clairry, licensed Occupational Therapist, ASD expert, keynote presenter, and international speaker, has unique expertise in understanding the intersection of Autism, Eating, and Sensory Processing Disorders. Diagnosed with all three, she struggled under a healthcare system uneducated on autism. Now in recovery from her eating disorder, Kim helps give voice to those with ASD unable to articulate their inner worlds. Through didactic and experiential seminars/trainings she shares her journey and professional expertise with clinicians, parents, educators, and the community.

Kim's workshops:

Kim Clairry has been compared to Temple Grandin when it comes to better understanding the autistic mind. Many say "listening to her is like getting a glimpse into my client/child's brain," and as explained by a class participant: "There is Temple and then there is Kim. The experts are the ones living with autism, they are the ones we really need to listen to."

During the presentation participants can see the world as it is experienced by someone with autism and an eating disorder. Kim takes the group on a journey through interactive demonstrations, first-hand accounts, and open discussions.

Together, participants dig into the sensory, emotional, social, and communication challenges those with autism. She offers invaluable insight and allows participants a chance to learn effective treatment strategies and coping tools to help their loved ones/clients of **ALL** ages live a more independent and full life.

Good to know:

Kim's autism and sensory challenges sometimes affect her ability to verbally articulate thoughts. Because of this, she presents with husband (AKA "reasonable accommodation"), William Miller. Together they share personal insights and intimate details of their life together. They are an "open book" and presentations are a great way for others to learn first-hand how to offer positive supports to those with ASD and related disorders.

A note from Kim....

Autism is not an illness, but it is a disability within this fast-paced culture, as it effects how the person processes and communicates information. But, with sensitivity and the right supports those with autism can succeed and can live meaningful lives, I know because I am doing it!

I often hear, "you don't look autistic." Well, what does autism look like? Autism is a word, not a person.

As a child I became a detective. I watched people and analyzed everything. I became an actress living in the movie of life.

I want to share with you what it's like in public and alone. I want to transpose what goes on in my head and body. If I could, maybe others would understand how hard life is for someone with autism.

Maybe then, others will understand kids with autism become adults with autism.

Maybe then, those with autism will no longer feel they must be actors/actresses, but instead they, along with society, will learn to embrace their unique beautiful ways of experiencing the world.